

ISSUE 09 • TERM 1 • 2019

CPAHS GAZETTE

A MAGAZINE FOR STUDENTS BY STUDENTS





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Editor in Chief

Ms Tishler



Editorial Co-ordinator

Miss Love



Assistant Editor

Ms Lightowlers



Assistant Editor

Mr Smith



Assistant Editor

Ms Webster



Assistant Editor

Ms Curmi

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YEAR 7 HUMANITIES AND STEM

Year 7 have been working hard in their Humanities classes this term to create a Virtual Reality (VR) or Augmented Reality (AR) concept linked to our study of Ancient Rome. We have been learning about many different aspects of Ancient Roman culture such as what their daily life was like, the different emperors, the ancient wars, religion and the gods and goddesses they worshipped.

Each Year 7 village has been working non-stop to draft their concepts and prepare their pitches for presentation to the Humanities teachers and other Year 7 students. We have been presenting our ideas and listening carefully to others so we can give them feedback on ways they can improve their pitch, as well as congratulating them on the great work they have done so far. Both the Humanities students and teachers are excited to see the end results of our projects and we can't wait to present these ideas to our families, friends and the school community.

All Year 7 students have been working harder than ever to make their final presentations perfect and with the support of our amazing Humanities teachers, we are very excited to hear everyone's final pitch.

We are also very interested and curious about what exciting tasks we will be working on next term. Some students hope that we will be able to develop apps about Ancient Egypt, others are keeping their fingers crossed that we will be creating video games about the reign of Queen Victoria. Whatever our new project will be, we are all eagerly anticipating what other fun activities Humanities will bring us in Term 2.





This term, Year 7 STEM have been working in crews to construct gardens of their own design. Everyone is having fun developing, designing and constructing gardens together while learning new skills and interesting information about the processes involved.

As the new students of the school, Year 7 are very happy to be working in a new environment and improving the school environment with our garden designs. Part of the fun in creating our gardens is getting to choose between creating hanging gardens, recycled gardens, vegetable gardens, and lots of other options. The crews have come up with some very creative ideas, which are sure to surprise you, and we can't wait to see the results and show off our hard work at Exhibition.

As we work on the gardens, we are developing skills in communication, cooperation, critical thinking and learning a lot about Maths and Science.

We have villages containing 60 people, who are split into tribes of 20 then split into smaller crews, which means there will be plenty of amazing garden displays to enjoy when we finish our projects. We are really excited to show off the final results of our work in STEM this term and all of Year 7 have been having so much fun creating these gardens whilst learning so much in the process.



YEAR 8 HUMANITIES AND STEM



@8Cpahs



This term in Humanities, Year 8 have been developing ideas on how to help raise awareness, and support for people who suffer with mental health issues.

The students have been hard at work developing a social media campaign to engage the Twitter community about their ideas, and are further raising awareness through the creation of a Youtube video and channel.

Recently, Year 8 had a community feedback session which offered them an opportunity to show off their hard work to our community partners and obtain feedback and critique.

Year 8 would like to thank everyone that came out to the school to offer us ideas and advice for our campaign and pitches, as a lot of it was extremely useful.





ARTICLE BY
Mairead O'Connor

STEM started straight off this term with hands-on work creating working prototypes from scratch, mind-boggling experiments about atoms and electric charges and puzzling algebraic equations. The STEM hook event consisted of everyone creating their very own skill tester, that many got to take home and show their friends and family. Everybody who tried it struggled to beat the custom skill tester but some did find a way to overcome it. The skill tester gave everybody a little insight into how circuits work, a subject that's being covered in Science this term. This was followed by a breath-taking Circus performance from Mr Bryant, showcasing him juggling clubs that lit up in sequence to the music playing. It was quite a spectacular and astonishing performance, that not only was a fun experience but it also gave us a great insight as to what automation is and how it can be used in many fields. Mr Bryant gave a little insight into the process of programming his clubs which also helped everyone understand a little bit more about automation. It helped everybody to realise that we can incorporate automation into anything in our daily lives, the same way Mr Bryant automated his juggling clubs to make his circus performances more engaging.

The final learning experience for the hook event was exploring one of the many methods of communication back when phones weren't a thing yet. Morse code! Everyone was given the challenge to send their partner a sentence in morse code. It showed every person what automation looked like in the past and how much progress society has made. This hook event gave all of Year 8 a great taster of what was to come this term and helped give birth to new ideas using our driving question; How can we use automation to make life more efficient?

STEM has made both teachers and students think outside the box this term whilst learning new challenging and mind-boggling things. This term's STEM exhibition will be a showcase of our very unique and innovative ideas. The spirit and excitement of STEM has started strong this year! We look forward to sharing our ideas at Exhibition!



2019 CPAHS SWIMMING CARNIVAL!

➔ The Zone Swimming Carnival



On the 7th of March 2019, the students who were successful in making it to the next stage went to the Gordon Fetter Aquatic Center in Bradbury to compete in the zone

swimming carnival. They all had a fun day competing against the best swimmers from other schools, and many of our students performed well enough to go to regionals which was held the following week. All of the students performed extremely well and even ended up winning the overall zone competition, which was certainly everyone's favourite part of the whole day. In the end, the zone swimming carnival was a fun experience for all who attended and we wish the best of luck to those who made it through to regional.

➔ The Regional Swimming Carnival



On Monday the 11th of March 2019, all of the talented students who were successful at the zone swimming carnival made their way back to the Gordon Fetter Aquatic Center to participate in the

regional swimming carnival. The students arrived dressed proudly in their school sports uniform and left the event even prouder. We had students competing in a range of different events. They all competed to the best of their abilities and made us all really proud. We even have one student, Emily Irvine (pictured left), making it to state for 16 year old girls breaststroke and we wish her the best of luck. In the end, all of our zone swimmers had a fun but tiring day, and we can't wait to see how our school goes in zone and regional swimming next year.



➔ Our Annual Swimming Carnival

On Tuesday, the 26th of February, 2019, Campbelltown Performing Arts High School held their annual school swimming carnival at the Gordon Fetter Aquatic Center. There were many races for students to participate in, such as freestyle, butterfly and backstroke. The students arrived to the event proudly dressed in their house colours, ready for a day of fun in the sun. Throughout the day, many students competed in the competitive races. Students also participated in the Enduro event, earning valuable points for their teams. Others preferred to stay in the stands cheering on friends or just hanging out. We saw many students win events and qualify for the zone swimming carnival which was also held this term.

Throughout the day, the SRC set up a sausage sizzle and students could request a song to be played for a few cents. The Year 12 students also came dressed up in many different and creative costumes, however, everyone's favourite seemed to be the inflatable T-Rex costume. One of the best parts of the day was definitely the floatie race between 5 PE teachers (Mr Page, Mr Berkeley, Ms Duroy, Ms Toetolu and Ms Domino) and some students. There are still debates going on about who really won the race but Mr Page has very firm beliefs that his team won by far. The winning house of the day was Fisher who smashed the competition with a total of 895 points. Macarthur came in at second with 602 points whilst Warby came third with 590 points leaving Dumaresq coming in at a very close fourth position with 582 points.





YEAR 7 CAMP



ARTICLE BY
Ella-Rose Rolph



MENTORED BY
Darian Dillon

On the 27th of February, Year 7, along with selected Year 10 mentors, made their way to The Great Aussie Bush Camp in Kincumber. When we arrived we were greeted warmly, as we quickly made ourselves comfortable. After grabbing lunch we went off to our first activities. One of the first activities was the Mud Run. Most students started off cautious and didn't really want to go into the mud, but after sliding in everyone enjoyed it more than they thought they would. We then had to walk through tyres, swing on a rope into more mud and crawl under a tarp where we had to sing the National Anthem!

After a long day of fun and challenging activities, we had dinner, then proceeded to get changed into white clothes for our surprise fluoro disco. Miss Love excitedly painted every single student's face with 'glow in the dark' paint so our faces would glow at the disco. There was a lot of dancing, and good music, and by the end of it everyone was exhausted.

The next morning, we were woken by loud music at about 6am. We got up and then got dressed for breakfast and our first activity. We went to four different stations during the day, some of them included high ropes, leap of faith, archery and rock climbing. When going onto the High Ropes course,

which involved a lot of climbing, A lot of people were extremely nervous; some only made it halfway but were proud of themselves nonetheless. The Leap of Faith involved standing on a platform 15 metres in the air!

At the end of the day, we had dinner, had showers and then got dressed into black clothes for Commando. Before we started, we sat around a campfire, where we were told the rules and boundaries. Then we got ourselves into groups of 5 or 6, waited for a whistle to blow and then ran out into the dark; our objective, find and rescue the "hostages". When the game ended we all walked back to our cabins and had chocolate milk and cookies before we brushed our teeth and went to bed.

The next morning, we woke up even earlier than the previous day to pack our things and tidy our cabins before breakfast. After breakfast, some of us went to face our fears on the giant swing, whereas other people went to orienteering and fencing. After the first and final activities of the day, we had a sausage sizzle and soft drink. After that, we said goodbye to our camp mentors, picked up our bags to load onto the bus and wearily filed onto the bus, collapsing into our seats. We got back to school on the 1st of March, where we were greeted by our family and loved ones. We then went home, where we proceeded to rest for the majority of the weekend.





DIVERSITY

interest

skills

aging

each other

regardless of

kin

intellect

talent or

ears

21 MARCH
HARMONY DAY
CELEBRATE AUSTRALIA'S DIVERSITY



www.harmony.gov.au

**EVERYONE
BELONGS**

Bright colours, dancing and a showcase of culture were on display for our recent Harmony Day celebration! Our students put on a wide range of exciting performances that demonstrated their unique link to their cultural roots and heritage.

The audience was captivated by the performances and appreciated the hard work of students and staff throughout the day. The smiling faces in the crowd painted the picture as we celebrated the various cultures that make up our school; whether it is Polynesian, African, Indigenous Australian, or one of our many other cultures.

Of note, was Tsehay Hawkins, who did a fantastic solo dance to celebrate her African culture. However, all the performances were fantastic and both staff and students should be congratulated for the amazing effort they have put in towards making this day a fantastic one for everyone!



ENGLISH MISH MASH

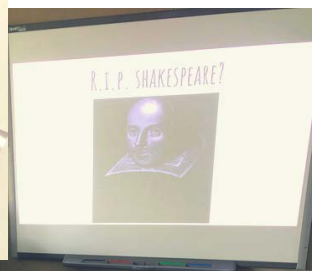


YEAR 8 PUBLISHED THEIR OWN PICTURE BOOK!

Last year in Term Four, Year Eight students participated in an enrichment program which included studying the famous play-writer, William Shakespeare.

Students in groups of five or six researched the plays and sonnets written by William Shakespeare. In the process of learning about how life used to be in the 16th century, the students decided, as a group, what most interested them and created a picture book using the program 'Bookwright' on William Shakespeare.

The students involved in the program really enjoyed the opportunity to learn about Shakespeare and would like to thank Miss O'Brien for running the program for us!



Thanks to our
awesome teacher
MISS O'BRIEN!



YEAR 9 CRIME SCENE INCURSION

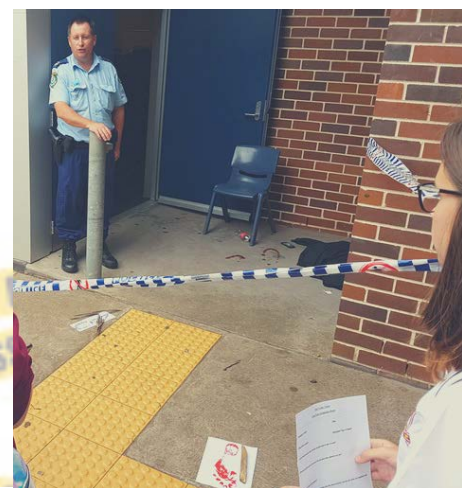
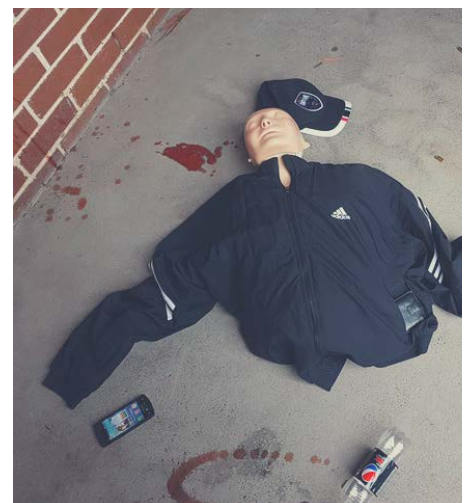
This term, Year Nine students have been studying crime fiction. On Thursday February 21 2019, the English faculty organised an incursion for all of Year 9. First, they assembled in the media room and Senior Constable Clapham talked to them about what happens at a crime scene. He told them about what evidence the police look for, rules people have to follow whilst at crime scenes, the different people involved and more. He also played a fake call in which a 'cleaner' from our school claimed to have found a dead body. Students were then let out of the room got to investigate and photograph a mock crime scene that was set up outside for them.

After a while, the students returned to class and wrote down what they thought had happened to the victim. The students enjoyed coming up with many different possibilities, all of which were different and very creative. Some believe that the victim's death was a drug deal gone wrong whilst others said that it was an argument between three people, resulting in one dead, one injured and another perfectly fine. In the end, the whole experience was fun and taught all of the students many new things which will help them with their creative writing this term.



ARTICLE BY
Abrial Hay

"Crime fiction is a literary genre that fictionalises crimes, their detection, criminals, and their motives."





PERFORMING ARTS UPDATE ON CIRCUS

Circus is a fantastic subject at Campbelltown Performing Arts High School, full of apparatus and all things tricky such as juggling, poi, trapeze, hula hoop, mini tramp and much more.

I'd like to introduce you to the funny and confident Nicholas Dei Rossi (a Year 9 student whose specialty is Circus). Nicholas has been doing Circus since the age of nine, following in the footsteps of his sister. Nicholas joined the school's Circus family in 2017 after successfully auditioning for a place in the circus programme at Campbelltown Performing Arts High School.

Acrobatics has become one of his key hobbies, along with drawing. When Nicholas is not at school he is extending his love for performing at Avion Aerial Circus School in Smeaton Grange by perfecting his talents for tumbling and flipping.

When preparing for a big circus performance, Nicholas gets excited as he warms up and he tries to calm his breathing so that he can concentrate on remembering the steps and getting the timing right.

In the future, Nicholas plans on using his Circus skills for teaching. I also asked him if he had any advice for future Circus and performing arts students. His advice is to "try your hardest, don't give up - and if you mess up, keep trying".



ARTICLE BY
Ava Rose Henwood



ACCESSING OUR SCHOOL COUNSELLOR

OUR SCHOOL COUNSELLOR CAN HELP YOU IMPROVE THESE AREAS:



ATTITUDE

By building healthy optimism in your feelings toward life and self-efficiency.



SELF - REGULATION

By providing you with strategies that can help manage attention, anxiety, motivation and anger.



BEHAVIOUR

By helping you set goals, monitor your progress, select healthy habits and activities and find what coping mechanism will work best for you.



SOCIAL

By helping you build and create supportive, caring and encouraging relationships, both inside and outside, of our school environment.



MISS LAUREN SMITH

MEET OUR AWESOME SCHOOL COUNSELLOR

Lauren is our school counsellor and she is very passionate about helping others.

Lauren decided to become a school counsellor because when she was in high school, many of her friends who had mental health issues were not lucky enough to access counsellor support inside school hours.

"Your life does not get any better by chance, it gets better by change."

THE DEPARTMENT OF EDUCATION SAYS:

ACCESSING THE SCHOOL COUNSELLOR

The NSW school counselling service contributes to student wellbeing in NSW public schools by providing specialised psychological assessment, counselling and intervention services. The school counselling service contributes to student learning and wellbeing outcomes and every student from pre-school to Year 12 in NSW public schools is able to access this service.

Access to our school counselling service can be gained by:

- self-referral from students (via slipping a note under the counsellor's office door)
- referral from parents/ carers (via phone call to the school front office)
- referral from a student's year advisor or classroom teacher
- referral through the school's learning and support team



CALL OUR SCHOOL ON 4625 1403 TO MAKE AN ENQUIRY TODAY

AN INSPIRING INDIGENOUS INCURSION



On Friday the 8th of March 2019, Year 7 students were extremely lucky to have the chance to participate in an Indigenous knowledge and perspectives incursion.

This STEM experience was conducted through Kadoo Tours and students were highly engaged in learning important knowledge about authentic Indigenous practices. This included learning how tools and weapons were made and used, what dreamtime and mythology is about and how to have an appreciation for the Indigenous as our 'Caretakers' of this 'Mother Earth'.

Students participated in an ochre ceremony and were given the chance to interact with handmade tools, weapons and animal skins.

Students gained knowledge of bush tucker from around the school grounds and learnt about how native food can be a sustainable source for food, moisture and medicine.



The incursion finished with an explanation on how a didgeridoo is made and how and why Indigenous men play this instrument as a part of their culture.

A huge thank you to the STEM staff for organising a fantastic incursion. Our students were respectful and engaged in the learning they were undertaking and a fun-time was had by all.



RISING STARS

BEYOND THE SCHOOL WALLS

We would like to congratulate the following students on their acceptance into the 2019 State Dance and Drama Company. Acceptance into State Performing Arts Companies are through rigorous audition processes. Students are chosen for their outstanding talent and skills to engage in performance programs of the highest calibre. We look forward to watching all of the performances that these students are involved in.



INTERVIEWED BY JOSHUA GROGAN

MALIYAH ARNOLD YEAR 8

What is your greatest achievement so far?

Getting into State Drama has been a massive achievement for me.

What do you hope to be doing when you finish school?

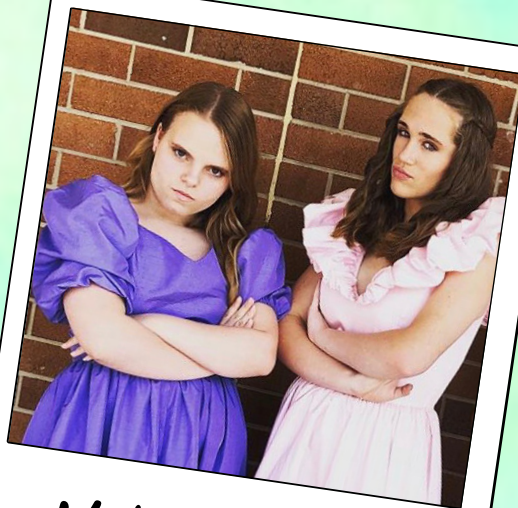
My long term goal is to study law after school and become a successful lawyer.

What advice do you have for other students?

I strongly believe that you can't succeed unless you try your best.

What motivational quote do you live by?

"Be stubborn about your goals and be flexible about your methods."



Maliyah & Sarah

SARAH ESKELINEN YEAR 8

What is your greatest achievement so far?

So far my biggest achievement has been getting into State Drama.

What do you hope to be doing when you finish school?

I'm not sure what I want to do when I finish school yet but I'll see where it takes me.

What advice do you have for other students?

Be grateful for the opportunities you are given because there are so many other people that don't get the same opportunities we do.

What motivational quote do you live by?

"The harder you work for something, the greater you'll feel when you achieve it."

KASEY PARKER

YEAR 11

What is your greatest achievement so far?

I love all styles of dance but my favourite has to be Broadway. Being in the NSW Weekly Senior State Dance Ensemble since 2016 has been my biggest achievement to date.

What do you hope to be doing when you finish school?

I hope to be a professional performer working around the world or on cruise ships.

What advice do you have for other students?

Everyone should start reaching for their goals now. Don't wait or waste time thinking about it, just go for it.

What motivational quote do you live by?

"Your true success in life begins only when you make the commitment to become excellent at what you do."



Kasey Parker

ISABELLE HENNESSY

YEAR 10

What is your greatest achievement so far?

I'm a dancer and my favourites are ballet, jazz and contemporary so going to the New Prague International Dance Festival was a big achievement of mine.

What do you hope to be doing when you finish school?

When I finish school I hope to be a professional performer or Dance teacher.

What motivational quote do you live by?

"Believe in yourself. You are braver than you think, more talented than you know, and capable of more than you can imagine."

What advice do you have for other students?

I would encourage others to keep doing what you love even if someone puts you down.



Aden Baverstock

ADEN BAVERSTOCK

YEAR 9

What is your greatest achievement so far?

Two achievements that stand out for me are participating in Speak Out monologues and getting into State Drama.

What do you hope to be doing when you finish school?

My goal is to become a successful actor like Mel Gibson or Heath Ledger.

What advice do you have for other students?

I think it's always important to think outside the box, strive hard and try your best.

What motivational quote do you live by?

"What doesn't kill you makes you stronger."



Isabelle Hennessy

Fast Forward Program

A life-changing program aimed to increase Western Sydney school students' engagement in learning and the completion of year 12!

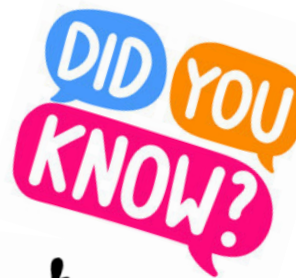


CPAHS INVOLVEMENT IN FAST FORWARD

On the 4th of March 2019, over 500 CPAHS students visited the Western Sydney University Parramatta campus as part of the Fast Forward program. This experience offered an opportunity for the Year 12 students to enhance their knowledge in career choices and opportunities available after school. They were inducted into the program in Year 9 and have been participating in various activities offered by Western Sydney University ever since.

On the day, students got a small taste of Uni life and received a complimentary showbag full of useful information about life at Western Sydney University.

The Fast Forward Program is a partnership between Western Sydney University and Western Sydney Schools which helps students to see the value of continuing their education through to Year 12 and beyond. It began in 2004 and has continued to grow, offering the opportunity for enhanced academic and personal achievement to a large number of Western Sydney students.



This term, our 2019 Year 9 students will participate in the 'Welcome to Western University' evening, which will officially induct them into the Fast Forward program. All of the students are eager to learn more about the course and the various benefits it will have on their future. We wish all participants in the program, both current and future, many successes as a result of the knowledge gained.



Article written by
Courtney Timmins & Abrial Hay

CONGRATULATIONS TO
OUR YEAR 12
STUDENTS WHO HAVE
ATTENDED FAST
FORWARD!

- Jenaya Marchbank
- Adrianna Brittain
- Shay-Lin Tomlin-Shearer
- Emma Armstrong
- Tarsha Stansby
- Emily Dean
- Lili Hu
- Ebony Wynyard
- Karla Bacon
- Laila Issa
- Jordan Stow



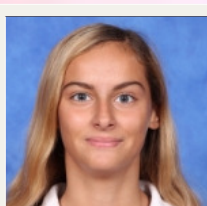
BEST WISHES FROM THE FAST FORWARD TEAM

Congratulations on completing your Year 12 studies, and the Fast Forward program.

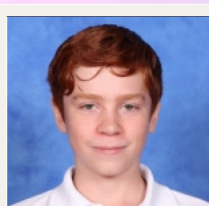
During the course of the last three years you would have had the opportunity to visit our university campuses, engage in in-school workshops with existing university staff and students. All of these activities have been designed to build your skills and to make you feel comfortable in a university environment and place you in good stead to pursue further study.

We encourage you to always continue to build on your academic and leadership potential, which are key reasons why you were initially selected for the program. Try your best in your exams (remember they are minimal in the great scheme of things) and regardless of the outcome, aim high and dream big – be a lifelong learner.

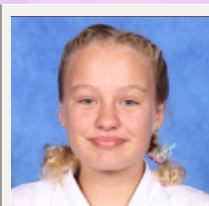
*Congratulations to our writers and photographers
of the CPAHS Gazette Team
on the release of our first edition this year!*



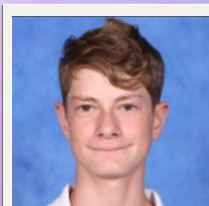
Ava Henwood



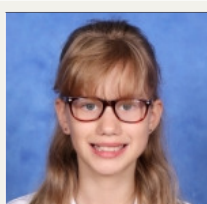
Connor Leech



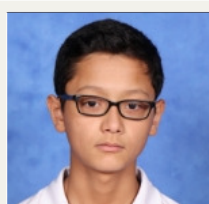
Lacey Johnson



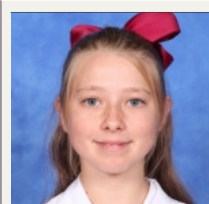
Jayden Griffiths



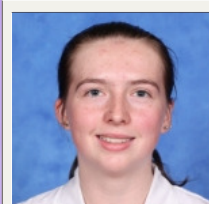
Vanessa Winter



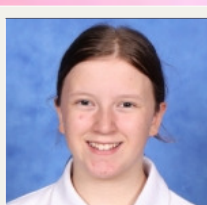
Ehtasham Tahiri



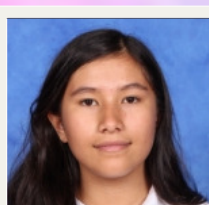
Veronika Miller



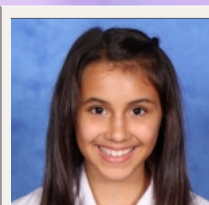
Alyza Hood



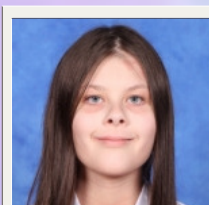
Ella-Rose Rolph



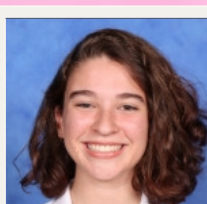
Destiny Le Roy



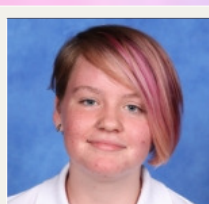
Danielle Tyrokomos



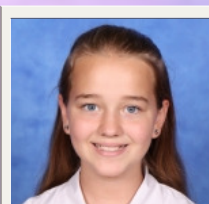
Olivia Andrews



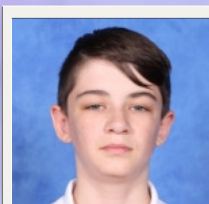
Darian Dillon



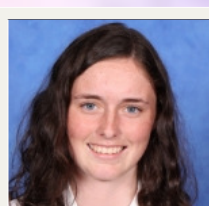
Mairead O'Connor



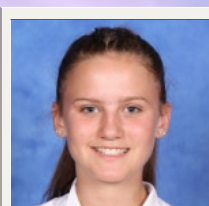
Rachel Beitelis



Joshua Grogan



Abrial Hay



Courtney Timmins